

## 10<sup>th</sup> ELOA Network Conference

The pluralisation of transitions to the after-working life phase:

Gender capital, silver productivity and mental health

10-11 May 2019 – Ljubljana, Slovenia

<https://elo2019.ff.uni-lj.si/>

### Conference programme

#### DAY 1: Friday, May 10<sup>th</sup>, 2019

**Organised by:** Faculty of Arts (University of Ljubljana), *Old Guys Say Yes to Community* (ERASMUS+), Slovenian Third Age University, Faculty of Education (University of Primorska), EPALE, & CMEPIUS; ELOA Network

**Place:** Faculty of Arts, Aškerčeva 2, Ljubljana

08:30 – 09:00	<b>REGISTRATION</b>	
Blue room (5 <sup>th</sup> floor) 09:00 – 9:30	WELCOMING SESSION	<b>dr. Roman Kuhar</b> , Dean, Faculty of Arts <b>dr. Marko Radovan</b> , Department of Educational Science <b>dr. Bernhard Schmidt-Hertha</b> , Technische Universität Braunschweig, Germany <b>dr. Marta Gregorčič</b> , University of Ljubljana & <i>Old Guys Say Yes to Community</i> (Erasmus+)
Blue room (5 <sup>th</sup> floor) 09:30 – 10:30	Plenary session 1  <b>Lifelong learning and lifelong doing as the ways of overcoming ageism and eliminating age discrimination.</b>	<b>dr. Ana Krajnc</b> , Keynote speaker
10:30 – 11:00	<i>Coffee break:</i> Breakfast with EPALE – Electronic Platform for Adult Learning in Europe <b>Maruša Bajt</b> , (National Support Service for EPALE Slovenia)	
11:00 – 13:30	<b>PARALLEL SESSIONS 1, 2</b>	
Room 233 (2 <sup>nd</sup> floor)	<b>Session 1:</b> Silver productivity and lifelong learning	Chair: dr. Sonja Kump
	<b>dr. Iris Humala:</b> Specifying appropriate coaching services for retiring well-educated Finnish professionals <b>dr. Ann-Kristin Boström:</b> Retirement and quality of life – A transitional perspective of the experiences from the first welfare generation in Sweden <b>dr. Filiz Keser Aschenberger, dr. Monika Kil and Roland Löffler, B. A.:</b> Academic continuing education at a later age: The case of Danube University Krems	
Blue Room (5 <sup>th</sup> floor)	<b>Session 2:</b> Transitions to retirement / Re-defining masculine and feminine capital after the retirement	Chair: dr. António Fragoso

	<p><b>dr. Marvin Formosa:</b> Renewing pre-retirement learning programmes for successful transitions in later life</p> <p><b>dr. Helene Ahl and dr. Joel Hedegaard:</b> The theory of conditional social equality</p> <p><b>dr. Dušana Findeisen:</b> Older adult education is not just casual leisure time. Socially engaged education, art and filmmaking of older students at Slovenian U3A</p>	
13:30 – 14:00	<p style="text-align: center;">Lunch (organised by Faculty of Arts)</p>	
Blue Room (5 <sup>th</sup> floor): 14:00 – 15:00	<p>Plenary session 2 <b>Cognitive ageing</b></p>	<p><b>dr. Voyko Kavcic (Vojko Kavčič),</b> Keynote speaker</p>
15:00 – 17:00	<p><b>PARALLEL SESSIONS 3 &amp; WORKSHOP</b></p>	
Room: 415 (4 <sup>th</sup> floor)	<p><b>Session 3:</b> The importance of learning, doing and creating for mental health</p>	<p>Chair: dr. Maja Mezgec</p>
	<p><b>Tiina Tambaum, M. A.:</b> An intervention tool for a better intergenerational understanding in the community</p> <p><b>dr. Leo Delfgaauw:</b> In my end is my beginning</p> <p><b>Meta Furlan and dr. Borut Mikulec:</b> Cinema as a tool for active ageing</p>	
Blue room (5 <sup>th</sup> floor)	<p><b>Workshop:</b> Transitions in later life: Restorying retirement pilot project</p>	<p>Chair: <b>dr. Jane Watts</b></p>
	<p><b>OUTDOOR ACTIVITY</b></p>	
17:00 – 18:30	<p><b>Personal town tours</b> – narrating my town Alternative town tour guided by Slovenian U3A's students is based on their stories and studies of architecture, ecology and urbanism (<i>Grundvik project</i> of the architect Meta Kutin and Slovenian U3A's students). Tour will start at Faculty of Arts (Aškerčeva street 2), go through the city center and end on the market place.</p>	<p><b>Anamarija Rančič, Slovenian Third Age University</b></p>
19:30	<p><b>Dinner (optional)</b> Arranged by Faculty of Arts in a nice restaurant in Ljubljana (20-30 EUR/per participant)</p>	<p><b>Restaurant Gūžina, Mestni trg 19, Ljubljana</b></p>

## DAY 2: Saturday, May 11<sup>th</sup> 2019

Final conference of the *Old Guys Say Yes to Community* project (ERASMUS+ within 10<sup>th</sup> ELOA network conference)

**Organised by:** Faculty of Arts (University of Ljubljana); Slovenian Adult Education Association (SAEA)

**Place:** The Old Power Station, Slomškova 18, Ljubljana

08:30 – 09:00	<b>REGISTRATION</b>	
09:00 – 09:15	<i>Intervention</i>	<i>Seniors from Tine Rožanc Folkloric Dance Group (<a href="https://rozanc.si/">https://rozanc.si/</a>)</i>
09:15 – 09:45	Welcome speeches	
09:45 – 10:15	<i>Introduction to the final conference of the Old Guys Say Yes to Community project: <b>Bottom-up strategies for community engagement and informal learning</b></i>	<b>dr. Marta Gregorčič</b>
10:15 – 10:45	<i>Coffee break (Cooperative Dobrina)</i>	
10:45 – 11:00	<i>Intervention</i>	<i>Estonian cultural dance group: Seltskonnatansturühm "Päripidi" (dance group "Päripidi")</i>
11:00 – 11:45	<b>Social isolation of elderly men and ways of overcoming it by involvement in community affairs in Estonia</b>	<b>Tiina Tambaum, M.A. Iris Pettai</b>
11:45 – 12:30	<b>Cumulative advantages and disadvantages of Portuguese older men</b>	<b>dr. António Fragoso, dr. Carla Vilhena, dr. Sandra T. Valadas</b>
12:30 – 13:15	<b>What do old guys say to community? Some ideas from polish perspective</b>	<b>dr. Malgosia Malec Rawinski, dr. Rozalia Ligus, dr. Arkadiusz Urbanek</b>
13:15 – 14:15	<i>Lunch (Cooperative Dobrina)</i>	
14:15 – 15:00	<b>Men's gender capital experience in later life: Findings from Slovenian study with Old Guys</b>	<b>Špela Močilnikar, Kaja Cizelj, dr. Marta Gregorčič</b>
15:00 – 15:45	<b>OER based portal, Blended learning course</b>	<b>dr. Marko Radovan</b>
15:45 – 16:00	<i>Intervention</i>	<i>Gymnastics Veterans of the Sports Association Sokol Bežigrad</i>
16:00 – 17:15	<b>Concluding discussion on the Old Guys project findings and recommendations</b>	<b>Moderated by dr. Bernhard Schmidt-Hertha (Germany)</b> <b>Conversation with: dr. Marvin Formosa (Malta), dr. Voyko Kavcic (Vojko Kavčič) (USA), dr. Ann-Kristin Boström (Sweden), Ana Stanovnik Perčič (Slovenia)</b>

17:15 – 18:00	<i>Refreshment (water + fruits) (Cooperative Dobrina)</i>	
18:00 –19:00	<p><b>Theatre performance “SENIORS”</b></p> <p>Directors <b>Tin Grabnar</b> and <b>Hana Vodeb</b> are presenting their second premiere, called Seniors, as a part of long term Glej Residency Project. They have put ageing in the centre of their artistic expression. For more than two years they have been exploring different spheres of ageing with seniors, who until that point mostly had no connection to theatre. They were building a community that is bravely facing stereotypes and isolation towards Seniors through research of memory and poetic interpretation of ageing.</p>	<p><b>Produced by</b> Glej Theatre</p> <p><b>Co-produced by:</b> Academy of Theatre, Radio, Film and Television, University of Ljubljana</p> <p>More about the performance:  <a href="https://www.glej.si/en/seniors-2">https://www.glej.si/en/seniors-2</a></p>